

INSTRUCTOR: Fried, LindaCLASS: Oil and Acrylic Painting

## Oil and Acrylic Painting

**Supplies:****PAINTS:****BASIC COLORS:**

LARGE TUBE TITANIUM WHITE

CADMIUM RED MED. - OR - REMBRANDT PERMANENT RED MED.

ALIZARIN CRIMSON

CADMIUM YELLOW MED.

VIRIDIAN GREEN

ULTRAMARINE BLUE DEEP

COBALT BLUE

YELLOW OCHRE

BURNT SIENNA

CADMIUM ORANGE MED.

RAW UMBER

IVORY BLACK

(\*NOTE: BUY ARTIST GRADE PAINTS, - OR- IF YOU MUST USE STUDENT, LUKAS (AT JERRY'S) "STUDIO" OILS, ARE HIGHLY PIGMENTED AT A GOOD PRICE. REMBRANDT PAINTS ARE OKAY, TOO.) AVOID GRUMBACHER AND MOST STUDENT GRADE PAINTS. They are initially less expensive, but you will use so much more trying to get vibrant colors- which you won't!

**The Traditional Pigments**

You will note that each basic color comes in twos. There will be a dark red, and a bright red. Or a dark green and a light green. These have nothing to do with more added white or yellow to make them lighter. If you were to thin these pure colors out to almost nothing with a clear medium, they would STILL be a dark green and a light green.

**BRUSHES:**

Please avoid synthetic. While brushes seem (like all art supplies) costly, remember that you get what you are willing to pay for. I use hog's hair bristle brushes and usually buy them from [www.trekell.com](http://www.trekell.com). They have high quality and reasonable prices. The brush should be stiff and have nice "spring-back" when you bend back the bristles. If you take care of your brushes, clean them properly and condition them each time you use them, they will last for many years. I still use a few brushes that date back as far as the 1970's!

You will need one large 2" up to 3" brush for backgrounds. I like the Bob Ross background blender, which you can get at Michael's. It is around \$22, but they have 40 and 50% off coupons all the time, and I save mine for art supplies.

Other brushes:

At a minimum:

#10, #8, #6, #4, Flat or Filbert (I prefer filberts) One fine script/liner brush

Plus the 2" for backgrounds. Don't use regular house paint brushes. They will leave hairs all over your canvas! (Bob Ross is the better choice).

One palette knife for mixing colors.

### **MEDIUM:**

There are lots of schools of thought on different mediums, mixing your own, etc. Mediums help add transparency and vibrancy to your paints, and make them go further. I have tried them all in 40 years of painting, and now use only Winsor & Newton "Liquin." (Another item I save my Michael's coupons for and buy the large size.)

### **PAINT THINNER:**

This is to clean your brushes, not to use as a medium. I ONLY use Mona Lisa, which is only available now at Michael's. It's the best, has no to little odor, and works great. You can also use Turpenoid, but I find the odor (even though it's supposedly "odorless", offensive. Definitely not preferred. \*\*\*ONLY BUY ODORLESS!

You can use something like a clean coffee can to put the thinner in, or buy a stainless steel sealed container specifically for oil painting, which is ideal because it has a built in screen/strainer. You need to make some sort of screen to keep your brush from going into the oil paint sediment that will wind up in the bottom of the can. An alternative is a tall jar that is large enough for a small can to fit in. (Example: A peanut butter jar and an olives, or other 4 oz. tin). Remove outer label and clean the tin well and then turning it upside down, you can use an awl and hammer to hammer to make several holes approximately 1/4" apart. Place it bottom up in the bottom of your clean jar and fill with Mona Lisa paint thinner to about 1" below top.

### **PALETTE:**

Again, many choices and opinions on these. A paper disposable palette (largest size) will work fine. If you can get the grey tinted, all the better. (Available at Arizona Art Supply. Mention you're a student for a small discount). I use the Masterson's blue lid companion Palette Sealer to keep my paints fresh-er between classes. (Also top with wax paper before sealing. Helps keep them from skinning over longer).

Canvases, stretched or panels. It's easier to learn, I feel, on stretched canvases. Don't use tiny sizes. Preferred is 16 x 20, or at smallest, 14 x 18.

Paper towels: Viva. It's a good idea to buy the "Choose a size" - perfectly sized and you use less. Viva is the only towel that doesn't leave lint.

If you are experienced or have painted before, use what you like.

If you have any questions- Please call the Leisure Education Office at 480.312.7957 and they will pass me your questions so I can contact you.